**BBC 2 Radio**

07/20/2016 08:59:46 AM

* [BBC 2 Radio](https://scout.tveyes.com/) /

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7/20/2016 8:59:35 AM

Justin Bieber light on this in today's Telegraph now pay the 6 on TV chef Oliver is better eating course cookery courses set up by Jamie Oliver to help people improve their eating habits really do work according to scientists said the findings showed that people make healthier food choices if they are helped to improve their kooky sunshine still out we should see the news at 9 now BBC news Theresa may will make her 1st overseas trip as prime minister later today when he travels to Berlin for talks with German Chancellor Angela Merkel